The difference that high quality physical education, school sport & physical activity make to the lives of young people, is quite remarkable.

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Outcomes
(Achievement)
High Quality Physical Education & School Sport

Personal Development
Behaviour and Welfare

- Independent Learners & Effective Leaders
- Enjoyment
- Commitment & Desire to Improve
- Participation & Competitiveness
- Physical & Emotional Well-Being
- British Citizenship & Fundamental Values
- Spiritual, Moral, Social & Cultural Development

Teaching Learning and Assessment

- Thinking & Decision-Making
- Knowledge Skills & Understanding
- Safe & Secure
- Self Esteem & Belief
- Healthy Active Lifestyles
- Confidence
- Teamwork & Co-Operation

Leadership and Management

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