The difference that high quality physical education, school sport & physical activity make to the lives of young people, is quite remarkable.

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Outcomes
(Achievement)
High Quality Physical Education & School Sport

Personal Development
 Behaviour and Welfare

Independent Learners & Effective Leaders
Enjoyment
Commitment & Desire to Improve
Participation & Competitiveness
Physical & Emotional Well-Being
British Citizenship & Fundamental Values
Spiritual, Moral, Social & Cultural Development

Teaching Learning and Assessment

Thinking & Decision-Making
Knowledge Skills & Understanding
Safe & Secure
Self Esteem & Belief
Healthy Active Lifestyles
Confidence
Teamwork & Co-Operation

Leadership and Management

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